

Contact: Melissa Laundre
Executive Assistant
Spirit Concierge, LLC
melissa@lorimorrison.com

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***NEWLY RELEASED MEMOIR BY LOCAL SEDONA AUTHOR WINS
TWO PRESTIGIOUS BOOK AWARDS***

Lori Morrison, the author of *Lori: The Disintegration of My Ordinary Reality* has been bestowed with the honor of a gold medal by the *Living Now Book Awards* Committee for the category of grieving/death and dying. This award is given to authors whose works stand out and impress the judges in the areas of mind, body and spirit. In addition, Lori's book has received the silver medal from the *Nonfiction Authors Association* for her fascinating story about a dramatic spiritual awakening that occurred while living inside a volcanic lake in El Salvador. Her book is currently in the top twenty books on Amazon in the category of shamanism and has over fifty five-star reviews.

The book has also received numerous accolades from New York Times best selling authors to include Robert Whitaker, Award-winning journalist and author of the New York Times Best Seller *Anatomy of an Epidemic* and *Mad in America*. ***"In clear, compelling prose, Lori Morrison tells how she entered a state of spiritual madness following the death of her husband, and of her path back to a spiritual wellness. Hers is a remarkable, memorable—and vivid—journey."***

Unfortunately, Lori Morrison was no stranger to grief when her beloved second husband of 25 years died in her arms and she had lost her first husband to suicide in her late twenties. In ***Lori: The Disintegration of My Ordinary Reality***, Morrison tells the inspiring true story of how her "mind cracked open" during her traumatic grieving process so that she began to see, hear, and feel the subtle energy of other dimensions of reality, including that of a mysterious past as an ancient Mayan.

Leaving behind a left-brained job in the world of New York finance and a thriving career brokering real estate in Arizona to marry her prominent husband, Tino, and move to a remote region of Central America, Morrison's memoir is full of romance, intrigue, and spiritual adventure. On the eve of her 52nd birthday only months after Tino's death, she is struck by light at her home on the edge of a volcanic lake. Little does she know that the date of this occurrence is synchronistic with the ancient Mayan calendar. After five out-of-body experiences, she goes on a fascinating journey from Italy to the jungles of Colombia to explore and then master her new interdimensional perceptions. Hers is a story of walking a thin line

between sanity and insanity, as she spiritually awakens to emerge as a teacher of the human experience.

Her turbulent awakening pushes her into a spiritual crisis, landing Morrison in a locked psychiatric ward where the doctors had no insight on what was happening to her. Struggling to make sense of her extraordinary experiences and new ability to speak with spirits, Morrison's quest to educate herself and salvage her sanity leads her from doing rituals with indigenous healers, to a rehab center in Malibu, California, then back to Lake Ilopango to fulfill her Mayan destiny. Through the assistance of a gifted medium and a Haitian shaman, she ultimately finds a template of understanding and enjoys a spiritual reunion with her husband.

“When I reflect on everything that had happened to me to reach this moment, I am amazed,” says Morrison. “It was hard to imagine that a dramatic event like a spiritual awakening existed in western civilization. Throughout history I realized that people having mystical experiences was common and many have gone on to live productive lives

Lori Morrison holds a degree in International Studies from the University of Washington, Seattle. Her professional accomplishments are vast from international high net worth investment banking, CEO of a world class food and wine distributor, and a commercial real estate developer. Since 2012, she has vigorously studied the application of sacred sciences and alternative and holistic healing methods to heal the mind and body. Morrison has traveled the world studying with indigenous shamans and integrative medicine practitioners using cutting edge neuroscience and quantum physics to heal illness. She now sits on the board of the Mental Health Coalition of Verde Valley headquartered in Sedona, Arizona as head of community outreach. www.mentalhealthcoalitionvv.org. Morrison currently has a very successful spiritual counseling practice in Sedona, where she inspires people towards personal shifts in consciousness. In addition, she is creator of the Tree of Life Course and Tree of Life sound resonance CD. To find out more, visit Morrison's website and connect with her on Facebook, LinkedIn, and Twitter. www.lorimorrison.com

Lori: The Disintegration of My Ordinary Reality is currently available on Amazon in print, Kindle, and Audible and soon to be released in Spanish and paperback at the beginning of 2018.